INDIVIDUALIZED TREATMENT PLANNING

For all patients admitted to the Mid-Missouri Mental Health Center a Comprehensive Treatment Plan is developed. This is a patient focused document based on assessment of the individual's needs and strengths. It is based on a clinical assessment and recommendations by mental health professionals and input from the patient, patient's family, guardian, and/or significant others. The Comprehensive Treatment Plan establishes treatment objectives and a description of the treatment modalities, services, and interventions which will be utilized to attain the specific treatment goals. The frequency of these procedures, the responsible staff, the timelines for achieving the objectives and the criteria to be met for the termination of treatment are included in the Comprehensive Treatment Plan.

Each patient receiving services (inpatient and day treatment) must have a Treatment Plan completed. There are four (4) stages of treatment planning (initial, comprehensive, 5 day review, and weekly review) which will be developed according to the patient's length of stay. Treatment Plans shall be developed by members of the professional staff.